# SOLUTION THINKING & OPTIMISM WORKSHOP

România Pozitivă

DE BINE DESPRE ROMÂNIA



- We build with you a map (blue print) with solutions for recurrent problems and challenges and/or development opportunities.
- We bring to you 5-7 tools and methods easy to put in practice into 1 day workshop abut problem solving process for 10-15 participants.
- We bring to you inspiration and knowledge from positive psychology, design thinking methodology and "U" theory. Authors that we recommend: Martin Seligman, Mihaly Csikszentmihalyi, Brene Brown, Oliver Burkeman, Carol Dwek, Otto Sharmer, Seth Godin, Mahatma Gandhi.

### WHAT WE DO AND WHY?

- Blue print (map) with solutions for problems and opportunities.
- Solutions for positive working "climate" and pragmatic optimism inside the teams.
- Solutions to tackle people disengagement and solutions oriented attitude.

#### TO WHOM IS USEFUL THIS PROGRAM?

- People that are currently expose to a high level of problem solving activities.
  - Teams and organizations that want to build a constructive working climate.
  - · New members of the team related to induction programs.

## **EXAMPLES OF SIMILAR PROGRAMS & PARTNERS:**

 Procter & Gamble, BCR, A&D Pharma, Michelin, ASPEN Leadership Program, Teach for Romania, Institutul Român de Training, Training Cafe, NESsT, Intersnack.

#### **ABOUT US:**

RomaniaPozitiva.ro - a platform for positive information and education. We invite you to discover almost 30.000 In Praise of Romania articles from more than 25 authors and partners dating back to 2006. We would also like to propose learning programs, because some problems can be solved by "cultivating" certain abilities and attitudes. We can, for example, learn together how to solve problems by stimulating our thinking and our positive emotions. More about us: www.romaniapozitiva.ro/about. Please contact us: contact@romaniapozitiva.ro



